



CREATIVE LEARNING CENTER'S HEART-POWERED PARENTING: CONSCIOUS DISCIPLINE® BOOK STUDY: EASY TO LOVE, DIFFICULT TO DISCIPLINE

**BASED ON THE WORK
OF DR. BECKY BAILEY.**

**AN INTERACTIVE SERIES
DESIGNED TO CHANGE
ATTITUDES AND PROVIDE
SKILLS FOR ADULTS TO
STAY IN CONTROL OF
THEMSELVES AND IN
CHARGE OF CHILDREN.**

**CONSCIOUS DISCIPLINE®
IS AN EMOTIONAL
INTELLIGENCE PROGRAM
OF BRAIN SMART®
STRATEGIES FOR
RESPONDING RATHER
THAN REACTING TO LIFE
EVENTS.**

COST:
\$150/person CLC family;
\$175/person public
For more information, go to
www.clcpreschool.net or email
[Anne Moriarty at](mailto:amoriarty@clcpreschool.net)
amoriarty@clcpreschool.net

Meeting Location:
Creative Learning Center
17930 Bowie Mill Rd., Derwood MD 20855
301.987.5454

Presenter: *Anne Moriarty,*
Certified Conscious Discipline® Instructor
and Founder/Director of
Creative Learning Center, Inc.

Time: *7:30-9:30pm*

Dates: *November 2*
November 16
November 30
December 14
January 4

January 18
February 1
February 15
February 29
March 7
(makeup day if needed)

LEARN HOW TO:

- ⇒ Maintain self-control in upset moments
- ⇒ Discipline with a reliance on love instead of fear
- ⇒ Give effective commands which encourage children to cooperate
- ⇒ Guide children to create productive solutions to their own dilemmas
- ⇒ Understand the relationship between brain development, learning and behavior
- ⇒ Help yourself and your child look for solutions instead of blame

SPACE IS LIMITED – REGISTER EARLY

COMMENTS FROM PAST PARTICIPANTS...

Attending the Parent Series has helped my relationships with my husband, my children, other family and my friends. Outstanding concepts and excellent delivery. It was wonderful ~ and life-changing for sure!

This has changed my perspective on being a parent and how to discipline effectively. Our family life is much more calm and enjoyable.

Anne was an amazing and giving teacher. She had our full attention and would switch activities often to keep us fully engaged and help us see things from our children's viewpoint. It was beyond all my expectations.

The format is good because it allows you to work/focus on certain items and then come back for a "tune-up." Parent interaction is helpful, sharing tips and laughing, knowing "I am not alone."

PARENT SERIES LEVEL TWO

A refresher for those who have already completed the original Parent Series.

DATES and TIMES to be determined.

TOPICS: Connections
Limits & Power Struggles
Intention
Consequences

FORMAT: The first hour is dedicated to review of key concepts. The second hour is dedicated to questions and discussion of current "hot topics."

COST:
\$70 PER PERSON (NOT INCLUDING BOOK)
\$85 PER PERSON (INCLUDING BOOK)

**HEART-POWERED PARENTING SERIES
REGISTRATION FORM**

NAME _____

PHONE _____ EMAIL _____

<input type="checkbox"/> I AM REGISTERING FOR THE CONSCIOUS DISCIPLINE® BOOK STUDY: CLC FAMILY? (PAST OR PRESENT) <input type="checkbox"/> YES (COST \$150/PERSON) <input type="checkbox"/> NO (COST: \$175/PERSON) <p style="text-align: center;"><i>COST INCLUDES BOOK AND HANDOUTS.</i></p>

<input type="checkbox"/> I AM REGISTERING FOR LEVEL TWO: <input type="checkbox"/> I HAVE BOOK (COST \$70/PERSON) <input type="checkbox"/> I NEED BOOK (COST \$85/PERSON)
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**MAKE CHECK PAYABLE TO ANNE MORIARTY. RETURN THIS FORM WITH PAYMENT TO:
CLC, 17930 BOWIE MILL RD., DERWOOD MD 20855
PRE-REGISTRATION GUARANTEES AVAILABILITY OF COURSE MATERIALS.**